



Community Health
of Central Washington



COMMUNITY REPORT 2009

MESSAGE FROM CEO

Community Health of Central Washington (CHCW) provides access to quality healthcare through service and education.

The mission of CHCW is as fresh and clear as the day it was written.

Our nation is confronting a growing crisis of health care access and affordability. As our leaders and our people struggle to understand the problem and its solutions, all are agreed on one thing: We need more primary care providers and services. People who have access to a primary care medical home typically experience better health outcomes, lower healthcare costs, and higher levels of satisfaction. These three facts are the core of who we are and what we do.

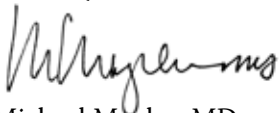
The needs of our patients and our communities are growing, and CHCW continues to grow to meet those needs. This year, CHCW added new family physicians in Yakima and Ellensburg, and more providers at Yakima Pediatrics. We opened a new dental office in Ellensburg, and started the Pediatric Hospitalist Service in Yakima. We provided over 100,000 visits for primary health care services, and continue to care for the neediest of our neighbors. The graduates of our family medicine residency training program expand our mission, as they move on to serve needy people in central Washington and beyond.

This is the work we do. It's our job to understand the health needs of our communities, and to create solutions with them. More and more is being asked of us, but less and less is being provided to help us alleviate the needs.

In this economy, everyone is feeling the pain. We expect to share in that burden. We are fortunate to do work that is highly valued and will continue, with the resources available to us, to do our utmost to provide the greatest benefit to the most and the neediest.

Like you, we look forward to a return to full employment and prosperity. We hope that you join us in looking forward to the day when access to basic health care becomes a right in our country.

Sincerely,



Michael Maples, MD
CEO

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"The work that this organization is doing is vital to this community!"

Elizabeth Herres Miller
Board of Directors, Vice Chair
Executive Director Allied Arts, Retired



COMMUNITY HEALTH OF
CENTRAL WASHINGTON IS A
NONPROFIT ORGANIZATION
PROVIDING HIGH QUALITY,
AFFORDABLE PRIMARY HEALTH
CARE, DENTAL, AND MENTAL
HEALTH SERVICES TO AREA
RESIDENTS.



Central Washington Family Medicine

In addition to a full range of primary care services for adults and children, including pregnancy care and obstetric delivery, CWFM also offers specialty clinics for dermatology, travel medicine and mental health services. When more specialized care is required, we refer patients to the appropriate specialist, and coordinate the patient's care.

Central Washington Family Medicine Residency Program

For 17 years we've been committed to the development of excellent, board-certified family physicians with demonstrated clinical, technical and interpersonal skills. Nearly 40 percent of the residency's graduates practice in central and eastern Washington. We are proud of the residency's continuing role in improving the health of our communities.

Naches Medical Clinic

Naches Medical Clinic provides primary care services to adults and children of Highland, Nile Valley, and Naches areas. With the addition of pharmacy delivery services, we are better able to meet the needs of the population of the area. Through affiliation with Central Washington Family Medicine, we provide after hours coverage and hospital care for patients needing additional medical attention.

Yakima Pediatrics

Yakima Pediatrics has been providing comprehensive primary care for ages birth through 18 years to the Yakima Community for over 25 years. With our staff of pediatricians, pediatric nurse practitioners and physician assistants, we strive to provide complete and individualized care to our patients. With the opening of the pediatric hospitalist service, we are now available to patients full time in the office.

Pediatric Hospitalist Service

New to our network, the Pediatric Hospitalists provide inpatient care for newborns and children. We work with medical providers throughout the valley, providing timely admission, consultation, and daily hospital care for our patients. This allows your pediatrician or family doctor to be more available to you in their offices.

Community Health of Central Washington – Ellensburg

Our Kittitas County facility provides comprehensive primary care services for the entire family. We also offer WIC (nutrition services for pregnant women and young families), First Steps (maternity support services), and CSHCN (a program for children with special needs) to residents of the entire county at this site and in Cle Elum.

Ellensburg Dental Care

In response to a high level of need in Kittitas County, CWCH opened a full service dental clinic in Ellensburg in November. We provide comprehensive dental care for the entire family. Our dedicated staff offers both preventative and restorative services.



Our Providers

CHCW employs 63 full-time and part-time providers at our seven service sites. They include:

- 16 family doctors
- 10 pediatricians
- 1 internist
- 21 family medicine resident physicians
- 1 dentist
- 1 dermatologist
- 7 PAs and Nurse Practitioners
- 1 psychologist
- 4 pharmacologists
- 1 dental hygienist

CHCW serves
as the medical
home for 36,090
individuals in
Central Washington.



COMPREHENSIVE CARE

Community Health of Central Washington is committed to excellence in patient care for all ages — from newborns to seniors.

As part of the CHCW network, our community clinics are able to access many resources to better serve current patients, while increasing capacity to see new patients.

Services include:

- In-house pharmacies at Central Washington Family Medicine and CHCW–Ellensburg locations offer services for CHCW clinic patients.
- Most insurances accepted, including Medicare, Medicaid, Healthy Options, TriCare, and Basic Health Plan of Washington.
- Discounted fee schedule
- Laboratory and X-ray services

Specialty services available to all Community Health of Central Washington patients at our Central Washington Family Medicine site in Yakima include:

- Obstetric ultrasound
- Dermatology consultation
- Travel Medicine clinic
- Mental health counseling
- Anticoagulation clinic



IN SERVICE TO OTHERS

Community Health of Central Washington has a long history of service to the communities where we live and work.

From offering health and wellness fairs and festivals to providing health education at local schools, Community Health of Central Washington participates in numerous community events each year, improving the quality of life for residents throughout our region.

CHCW owes its success to its compassionate and devoted staff. They demonstrate their commitment to service and dedication to fulfilling our mission everyday. Here are a few examples of how the staff at Community Health of Central Washington are making a difference:



- Each year, more than 60 of our dedicated staff members unite to help winterize Camp Roganunda as a part of the United Way “Day of Caring” campaign.
- More than 20 doctors devote their time each year to provide physicals to local middle school students, whom otherwise might not receive exams. In addition, our physicians volunteer countless hours to talk with children and teens about health issues pertinent to young people.

“Knowing is not enough;

we must apply.

Being willing is

not enough;

we must do.”



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